



## Webinar Sales Page

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### **I need to ask you... are you living the best version of yourself?**

I'm guessing that if you are reading this, perhaps it is because you feel stuck in an oppressive mindset. (A mindset that is not working for you or doesn't get you where you want?)

Maybe you're a fierce go-getter who is tired and needs a recalibration in order to achieve balance.

OR a therapist, looking for a curated pathway to help you serve your clients better.

Perhaps you are one whose heart is your leader but love is a very powerful vibration and is seeking help in wielding it.

Or maybe you are highly sensitive, or psychic, and have been in hiding; unsure how to come out of the spiritual closet so you can flourish.

**Please JOIN ME in this informative, meditative session and let me help you BELONG.**

This would not be a great fit for you if you're completely at peace with your present self.

You are able to process and own your grief at all times.

You aren't open to the vulnerability of feeling your emotions.

You're not willing to go deep within and rise in your power.

Hello!! I'm Samar Shaha and I've been a therapist for over years.

I grew up in Egypt and immigrated to Canada when I got married as a very young girl. After bringing two beautiful babies into this world, I started to feel unsettled - like there was a bigger ME out there.

I set out on a journey to learn about myself, whatever the cost. That journey ultimately led to a divorce. I'm now a single parent and I couldn't be happier!

Some other things about me that I need you to know:

I Am A Warrior

- I took care of my babies, stayed in Canada, and moved through all of the changes that life threw at me.

I Am An Explorer

- I've spent the last 10 years exploring and deepening my spirituality. Successfully learning how my new and old cultures can combine.

I Am A Lover

- I am in love with love, a warrior of the heart, and am passionately committed to boldly showing up for those in my circle.

I Am A Leader

- I earned my Master's Degree in Counseling Psychology in just 3 years. I lead through my unique perspective with courage and conviction.

**...And so are you, dear one.**

A warrior who desires to take care of those who depend on you but only if you learn to care for yourself first.

An explorer, ready to embark on an inner exploration into deep spirituality if you only had the right guide!

A lover who desperately wants to passionately commit to your dreams and serve your inner circle but you aren't sure how to show up.

I am certain you are also a leader but perhaps haven't crossed the threshold of boldly putting yourself out there.

**AND THAT'S OK! I want to help you get there! In my upcoming informative, meditative session, I will help you learn to embody any of these roles and make them a reality in your everyday life.**

*"But Samar, the transition is just too intimidating! I could never take this on, it is too scary to even start."*

Is this what you're thinking?

**You CAN do this. And I CAN help you.**

In our session, we will discuss how to overcome that very aspect of transitioning between the creation of your new, truer self and facing the destruction of your old, tired one.

*In fact, here is a bird's eye view of how we will discuss accomplishing that very thing!!*

**Together, we will "LETGO" =**

- **Lean** into the unknown - The unknown is where we are deeply liberated because we really don't know anything at all - no projections, no limitations.
- **Embrace** the pain - "Live happy and avoid pain" is the song of western culture. However, avoiding pain prematurely can actually cause a lot of unnecessary suffering. Let your feelings come to the surface! Our emotions are little messengers from our souls, listen to them!

- **Trust** - Of course, it is easy to trust when everything is going according to plan, when it's all smooth sailing. It is when shit hits the fan that we are really challenged.
- **Grief** - You must allow yourself to grieve. Do not judge your own method.
- **Own** - Own your full transformation process. For me, I recognized the success and depth of my journey when seeing my "before" pictures. Remembering the pain from THEN and being infinitely grateful for the ultimate joy I have NOW. Own your process!

### **Are you ready to become the human you are designed to be?**

Are you ready to embrace the warrior within?

Are you ready to love without limits?

Are you ready to explore without boundaries?

Are you ready to lead without fear?

*"To be strong doesn't mean to sprout muscles and flex. It means meeting one's own luminosity without fleeing. actively living with the wild nature in one's own way. It means to be able to stand what we know.  
It means to stand and live."*

*Clarissa Pinkola Estes*

**Are you ready to stand and LIVE? I am ready to stand with you.**

**Please JOIN ME in this informative, meditative session, and let me help you OWN whatever journey you are about to take.**

Whether that is a warrior's journey, a lover's journey, an explorer's journey, or a leader's journey. This session is designed for you to discover which path you are ready to take.

I can't wait to see where you grow!